

CERTIFICATE

OF PARTICIPATION

This is to certify that

Francois de Kock

Has successfully participated & completed the

12km Trail Race Arnold Chatz Nogwaja Trail Run

held at Rustig Hiking Trails.

TIME 02:20:11

PACE 11:39/km

OVERALL 39 of 145

GENDER 30 of 80

OPEN 19 of 42

29 July 2018, Sun

Date

